



# February 2019 Lunch Menu

## Jenison International Academy



Your lunch includes: An entrée with protein and whole grains, one (1) vegetable side dish, one (1) fruit side dish, and a choice of milk.  
 Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.  
 Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

| Monday  | Tuesday            | Wednesday  | Thursday   | Friday             |
|---|--------------------|--|--|--------------------|
| <b>February 4</b><br>Turkey & Cheese Sandwich on a Whole Grain Bun<br><br>Baby Carrots<br><br>Fresh Apple<br><br>Choice of Milk                       | <b>February 5</b>  | <b>February 6</b><br>Yogurt, Bagel, String Cheese<br><br>Raisins<br><br>Fresh Apple<br><br>Choice of Milk    | <b>February 7</b><br>Pizza Stacker: round flatbread, marinara sauce, mozzarella cheese. pepperoni<br><br>Baby Carrots<br><br>Fresh Apple | <b>February 8</b>  |
| <b>February 11</b><br>Grilled Chicken Wrap with Cheddar Cheese and Romaine<br><br>Raisins<br><br>Dragon Juice (vegetable juice)<br><br>Choice of Milk | <b>February 12</b> | <b>February 13</b><br>Taco Salad with Meat & Cheese<br><br>Baked Doritos<br><br>Grapes<br><br>Choice of Milk | <b>February 14</b><br>Turkey & Cheese Sandwich on a Whole Grain Bun<br><br>Baby Carrots<br><br>Fresh Apple<br><br>Choice of Milk         | <b>February 15</b> |
| <b>February 18</b><br><b>No School</b><br><br><b>Winter Break</b>   | <b>February 19</b> | <b>February 20</b><br>Yogurt, Bagel, String Cheese<br><br>Raisins<br><br>Fresh Apple<br><br>Choice of Milk   | <b>February 21</b><br>Pizza Stacker: round flatbread, marinara sauce, mozzarella<br><br>Baby Carrots<br><br>Fresh Apple                  | <b>February 22</b> |
| <b>February 25</b><br>Grilled Chicken Wrap with Cheddar Cheese and Romaine<br><br>Raisins<br><br>Dragon Juice (vegetable juice)<br><br>Choice of Milk | <b>February 26</b> | <b>February 27</b><br>Taco Salad with Meat & Cheese<br><br>Baked Doritos<br><br>Grapes<br><br>Choice of Milk | <b>February 28</b><br>Turkey & Cheese Sandwich on a Whole Grain Bun<br><br>Baby Carrots<br><br>Fresh Apple<br><br>Choice of Milk         | <b>March 1</b>     |

**SNOW DAYS:** We will serve the menu from the snow day on the day we return to school. A School Messenger email will be sent home to confirm any menu changes.



Questions? Comments?  
 Email:  
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or call Food Service at  
 457-2400  
 Mary Darnton, Food Service  
 Director