



January 2019

Jenison ECC

Student Lunch \$2.50 Reduced Price \$0.40 Milk Only \$0.50 Adult Lunch \$3.50



Your lunch includes: An entrée with protein and whole grains, one (1) vegetable side dish, one (1) fruit side dish, and a choice of milk.
Milk choices include skim white and 1% white. All milk is Michigan-produced and artificial hormone-free.

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| January 7 Wild Mike's Cheese Bites Corn Fresh Apple | January 8 Meaty Chili & Baked Tortilla Scoops Mini Baked Potato Diced Pears | January 9 Chicken Corn Dog Baked Beans Banana | January 10 Mac & Meat with Garlic Toast Green Beans Fruit Cocktail | January 11 Chicken Fajita with Cheese Romaine Ribbons Pineapple |
| January 14 Cheese Pizza Celery Pineapple | January 15 Beef Pot Roast in Gravy with Dinner Roll Mashed Potatoes Applesauce | January 16 Mini Corn Dogs (6) Baby Carrots Banana | January 17 Soft Shell Taco with Cheddar Cheese Romaine Ribbons Orange Wedges | January 18 1/2 Day No Lunch Served |
| January 21 Grilled Cheese & Tomato Soup Crunchy Celery Fresh Apple | January 22 Walking Taco with WG Doritos Romaine Ribbons Pineapple Tidbits | January 23 Hamburger Sweet Potato Cubes Banana | January 24 Chicken Nuggets with WG Breadstick Corn Diced Pears | January 25 Ham Chef Salad with Dinner Roll Romaine Ribbons Diced Peaches |
| January 28 Lasagna Rollup with Garlic Toast Power Peas Sweet Peaches | January 29 Strawberry Yogurt, String Cheese, Bagel Baby Carrots Fresh Grapes | January 30 Teriyaki Beef Dippers (4) with Goldfish Grahams Crunchy Celery Banana | January 31 Turkey Gravy with Dinner Roll Mashed Potatoes Applesauce | February 1 Crispy Chicken Patty Sandwich Romaine Ribbons Mandarin Oranges |

SNOW DAYS: We will serve the menu from the snow day on the day we return to school. A School Messenger email will be sent home to confirm any menu changes.



Questions? Comments?
Email:
foodservice@hpseagles.net



or call Food Service at
457-2400
Mary Darnton, Food Service Director