




November 2018 Lunch Menu

Jenison International Academy



Your lunch includes: An entrée with protein and whole grains, one (1) vegetable side dish, one (1) fruit side dish, and a choice of milk.
 Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.
 Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
			November 1 Taco Salad with Meat & Cheese Nacho Cheese Chips Grapes Choice of Milk	November 2
November 5 Turkey & Cheese Sandwich on a Whole Grain Bun Baby Carrots Fresh Apple Choice of Milk	November 6	November 7 Yogurt, Bagel, String Cheese Raisins Dragon Juice (vegetable juice) Choice of Milk	November 8 Pizza Stacker: round flatbread, marinara sauce, mozzarella cheese, pepperoni Baby Carrots Fresh Apple	November 9
November 12 Grilled Chicken Wrap with Cheddar Cheese and Romaine Raisins Dragon Juice (vegetable juice) Choice of Milk	November 13	November 14 Taco Salad with Meat & Cheese Nacho Cheese Chips Grapes Choice of Milk	November 15 Turkey & Cheese Sandwich on a Whole Grain Bun Baby Carrots Fresh Apple Choice of Milk	November 16
November 19 Yogurt, Bagel, String Cheese Raisins Dragon Juice (vegetable juice) Choice of Milk	November 20	November 21 No School	November 22 No School Happy Thanksgiving! 	November 23 No School
November 26 Pizza Stacker: round flatbread, marinara sauce, mozzarella cheese, pepperoni Baby Carrots Fresh Apple	November 27	November 28 Grilled Chicken Wrap with Cheddar Cheese and Romaine Raisins Dragon Juice (vegetable juice) Choice of Milk	November 29 Taco Salad with Meat & Cheese Nacho Cheese Chips Grapes Choice of Milk	November 30

SNOW DAYS: We will serve the menu from the snow day on the day we return to school. A School Messenger email will be sent home to confirm any menu changes.



Questions? Comments?
 Email:
foodservice@hpseagles.net



or call Food Service at
 457-2400
 Mary Darnton, Food Service
 Director