



Jenison/Hudsonville Secondary Menu

October 29-November 2, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Homemade Chicken Noodle & Rice Soup Bosco Breadstick	Breakfast for Lunch Scrambled Eggs Apple Cinnamon Texas Toast Seasoned Potato Cubes Cold Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Spicy Chicken Sandwich Baked Fries	Hudsonville Early Release: Sack Lunch Available
					Potato Bar Seasoned Potato Wedges Beef Taco Meat Homemade Queso Steamed Broccoli Garlic Breadstick
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Chicken Alfredo Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
<p>Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)</p>					
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

November 5-9, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Turkey & Gravy Mashed Potatoes Dinner Rolls	Meatball Pasta Bar Meatballs in Sauce or Plain Spaghtti Sauce Rotini Pasta & Garlic Toast Steamed Broccoli Star Potatoes Cole Slaw	Deli Sandwich Bar with all of the fixings! Green Beans	2-for-1 Hot Dogs Chili Sauce/Cheddar Cheese Baked Fries	Taco Bar Beef Taco Meat Tortilla Chips/Taco Shells Refried Beans Homemade Pico de Gallo Cheddar Cheese
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Chicken Smackers Cheeseburger	Chicken Patty Mozzarella CheeseSticks
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Ham & Sausage Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Caesar Sub Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

November 12-16, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Chicken Gravy Corn WG Biscuit	Kickin' Bacon Mac & Cheese Garlic Toast Black Pepper Fries Cold Bean Salad	Beef & Broccoli over Brown Rice Midori Blend Veggies	Wet Burrito Tortilla Chips Refried Beans Baked Fries	Meaty Chili Baked Scoops Shredded Cheddar Carrot Coins
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade BBQ Chicken Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Caesar Sub Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

November 19-23, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Shepherd's Pie (Beef in Gravy w/ Peas & Carrots) Mashed Potatoes Dinner Rolls	Lasagna Roll Up Garlic Toast Curly Fries Cole Slaw	No School	No School Happy Thanksgiving!	No School
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty			
Featured Salad	Caesar Salad	Asian Chicken Salad			
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza			
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce			
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)			

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

November 26-30, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Turkey & Gravy Mashed Potatoes Dinner Rolls	Chicken Alfredo Pasta Bar Grilled Chicken Alfredo Sauce Rotini Pasta & Garlic Breadstick Steamed Broccoli Tator Tots / Cold Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Pepperoni Calzone Baked Fries	Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Chicken Gravy Corn WG Biscuit
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Chicken Alfredo Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Caesar Sub Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net