



October 2018



Jenison Public, Hudsonville Public, Hudsonville Christian Elementary Lunch Menu

Student Lunch \$2.50 Reduced Price \$0.40 Milk Only \$0.50 Adult Lunch \$3.50

Your lunch includes: An entrée with protein and whole grains, up to two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.

Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.

Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>October 1</p> <p>(W) Bosco Cheese Breadsticks (2) with Marinara Sauce</p> <p>(B) Hot Dog</p> <p>Grape Tomatoes</p> <p>Fruit Cocktail</p> <p>Crunchy Apple</p>	<p>October 2</p> <p>(W) Macaroni & Cheese with Garlic Toast</p> <p>(B) Hot Dog</p> <p>Steamed Broccoli</p> <p>School Spirit Applesauce!</p> <p>Fresh Grapes</p>	<p>October 3</p> <p>(W) Pepperoni Calzone</p> <p>(B) Hot Dog</p> <p>Golden Corn</p> <p>Mandarin Oranges</p> <p>Banana</p>	<p>October 4</p> <p>(W) Fish Treasures (4)</p> <p>(B) Hot Dog</p> <p>Baked Beans</p> <p>Diced Pears</p> <p>Dragon Punch</p>	<p>October 5</p> <p>(W) Chicken Tenders & Waffle</p> <p>(B) Hot Dog</p> <p>Cucumber Spears</p> <p>Pineapple</p> <p>Raisins</p> <p>Jenison 1/2 Day No Lunch</p>
<p>October 8</p> <p>(W) Pancakes & Cheese Omelet</p> <p>(B) Deli Turkey & Cheese Sandwich</p> <p>Celery Sticks</p> <p>100% Grape Juice</p> <p>Crunchy Apple</p>	<p>October 9</p> <p>(W) Chicken Noodle & Rice Soup with Mini Bosco Stick and Cheddar Goldfish</p> <p>(B) Deli Turkey & Cheese Sandwich</p> <p>Cucumber Spears</p> <p>Pineapple Tidbits</p> <p>Fresh Grapes</p>	<p>October 10</p> <p>(W) Pepperoni Pizza Bites</p> <p>(B) Deli Turkey & Cheese Sandwich</p> <p>Romaine Ribbons</p> <p>Sweet Peaches</p> <p>Banana</p>	<p>October 11</p> <p>(W) Turkey Gravy with Dinner Roll</p> <p>(B) Deli Turkey & Cheese Sandwich</p> <p>Mashed Potatoes</p> <p>Applesauce</p> <p>Orange Wedges</p>	<p>October 12</p> <p>(W) Mini Corn Dogs (6) with Goldfish Graham</p> <p>(B) Deli Turkey & Cheese Sandwich</p> <p>Baked Beans</p> <p>Tropical Mixed Fruit</p> <p>Whole Pear</p> <p>Hudsonville Early Release Day Sack Lunch Available</p>
<p>October 15</p> <p>(W) Cheese Pizza Quesadiilla</p> <p>(B) Chicken Nuggets with WG Breadstick</p> <p>Fiesta Black Beans</p> <p>Fruit Cocktail</p> <p>Fresh Apple</p>	<p>October 16</p> <p>(W) Walking Taco</p> <p>(B) Chicken Nuggets with WG Breadstick</p> <p>Romaine Ribbons</p> <p>School Spirit Applesauce!</p> <p>Fresh Grapes</p>	<p>October 17</p> <p>(W) Hamburger or Cheeseburger</p> <p>(B) Chicken Nuggets with WG Breadstick</p> <p>Sweet Potato Cubes</p> <p>Diced Peaches</p> <p>Banana</p>	<p>October 18</p> <p>(W) Ham Chef Salad with Heart-Shaped Pretzels</p> <p>(B) Chicken Nuggets with WG Breadstick</p> <p>Romaine Ribbons</p> <p>Diced Pears</p> <p>Dragon Punch</p>	<p>October 19</p> <p>(W) BBQ Honey Rib Sandwich</p> <p>(B) Chicken Nuggets with WG Breadstick</p> <p>Green Beans</p> <p>Mandarin Oranges</p> <p>Craisins</p>



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Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">October 22</p> (W) Bosco Cheese Breadsticks (2) with Marinara Sauce (B) Garlic Cheese Bread Fresh Broccoli Florets Diced Peaches Fresh Apple	<p align="center">October 23</p> (W) Chicken Noodle & Rice Soup with Mini Bosco Stick and Cheddar Goldfish (B) Garlic Cheese Bread Fresh Cucumbers Diced Pears Fresh Grapes	<p align="center">October 24</p> (W) Mini BBQ Chicken Quesadillas (B) Garlic Cheese Bread Refried Beans Mandarin Oranges Banana * Giveaway Today *	<p align="center">October 25</p> (W) Chicken Alfredo Pasta with Garlic Toast (B) Garlic Cheese Bread Power Peas Sweet Pineapple Tidbits Orange Wedges No Lunch Hudsonville Christian	<p align="center">October 26</p> (W) Apple Cinnamon Texas Toast with Scrambled Eggs (B) Garlic Cheese Bread Crunchy Celery 100% Apple Juice Whole Pear No Lunch Hudsonville Christian
<p align="center">October 29</p> (W) Wild Mike's Cheese Bites (B) Chicken Corn Dog Corn Tropical Fruit Fresh Apple	<p align="center">October 30</p> (W) Meaty Chili & Baked Tortilla Scoops (B) Chicken Corn Dog Mini Baked Potato Diced Pears Fresh Grapes	<p align="center">October 31</p> (W) Chicken & Cheese Crispito (B) Chicken Corn Dog Fiesta Black Beans Diced Peaches Banana 	<p align="center">November 1</p> (W) Mac & Meat with Garlic Toast (B) Chicken Corn Dog Green Beans Fruit Cocktail Dragon Punch	<p align="center">November 2</p> (W) Chicken Fajita with Goldfish Graham (B) Chicken Corn Dog Romaine Ribbons Pineapple Craisins Hudsonville Early Release Day Sack Lunch Available

A new Free & reduced Application must be filled out EVERY year! Your application will EXPIRE in October if you do not apply! Visit www.lunchapp.com or ask your school office for a paper app!



Questions? Comments?
Email:
foodservice@hpseagles.net



or call Food Service at
457-2400
Mary Darnton, Food Service
Director