



# August & September 2018

## Pinewood GSRP Menu



Your lunch includes: An entrée with protein and whole grains, up to two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.  
 Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.  
 Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Visit Our Website:</b> <a href="http://www.jenhudfood.org">www.jenhudfood.org</a>	<b>August 28</b> Bosco Cheese Breadsticks (2) with Marinara Sauce Baby Carrots Fresh Grapes	<b>August 29</b> Garlic Cheese Bread Baked Beans Mandarin Oranges	<b>August 30</b> Chicken Alfredo Pasta with Garlic Toast Power Peas Orange Wedges	<b>August 31</b>
<b>September 3</b> Wild Mike's Cheese Bites Corn Fresh Apple	<b>September 4</b> Meaty Chili & Baked Tortilla Scoops Mini Baked Potato Diced Pears	<b>September 5</b> Chicken Corn Dog Baked Beans Diced Peaches	<b>September 6</b> Mac & Meat with Garlic Toast Green Beans Dragon Punch	<b>September 7</b>
<b>September 10</b> Cheese Pizza Celery Pineapple	<b>September 11</b> Shepherd's Pie with Dinner Roll Mashed Potatoes Applesauce	<b>September 12</b> Mini Corn Dogs (6) with Goldfish Graham Baby Carrots Banana	<b>September 13</b> Soft Shell Taco with Cheddar Cheese Romaine Ribbons Orange Wedges	<b>September 14</b>
<b>September 17</b> Grilled Cheese & Tomato Soup Crunchy Celery Fresh Apple	<b>September 18</b> Walking Taco Fiesta Black Beans Pineapple Tidbits	<b>September 19</b> Cheeseburger or Hamburger Sweet Potato Cubes Banana	<b>September 20</b> Chicken Nuggets with WG Breadstick Green Beans Diced Pears	<b>September 21</b>
<b>September 24</b> Lasagna Rollup with Garlic Toast Power Peas Sweet Peaches	<b>September 25</b> Strawberry Yogurt, String Cheese, Bagel Baby Carrots Fresh Grapes	<b>September 26</b> Teriyaki Beef Dippers (4) with Goldfish Grahams Crunchy Celery Tropical Mixed Fruit	<b>September 27</b> Turkey Gravy with Dinner Roll Mashed Potatoes Applesauce	<b>September 28</b>

A new Free & reduced Application must be filled out EVERY year! Your application will EXPIRE in October if you do not apply! Visit [www.lunchapp.com](http://www.lunchapp.com) or ask your school office for a paper



Questions? Comments?  
Email: [foodservice@hpseagles.net](mailto:foodservice@hpseagles.net)



or call Food Service at 457-2400  
Mary Darnton, Food Service Director