



Jenison/Hudsonville Secondary Menu

January 7-11, 2019



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Homemade Chicken Noodle & Rice Soup Bosco Breadstick	Breakfast for Lunch Scrambled Eggs Apple Cinnamon Texas Toast Seasoned Potato Cubes Cold Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Spicy Chicken Sandwich Baked Fries	Hudsonville Early Release: Sack Lunch Available
					Potato Bar Seasoned Potato Wedges Beef Taco Meat Homemade Queso Steamed Broccoli Garlic Toast
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Wild Mike's Cheese Bites Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Cheeseburger
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Chicken Alfredo Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

January 14-18, 2019



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Turkey & Gravy Mashed Potatoes Dinner Rolls	Meatball Pasta Bar Meatballs in Sauce or Plain Spaghtti Sauce Rotini Pasta & Garlic Toast Steamed Broccoli Star Potatoes Cole Slaw	Deli Sandwich Bar with all of the fixings! Green Beans	2-for-1 Hot Dogs Chili Sauce/Cheddar Cheese Baked Fries	Jenison 1/2 Day
					Taco Bar Beef Taco Meat Tortilla Chips/Taco Shells Refried Beans Homemade Pico de Gallo Cheddar Cheese
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Chicken Smackers Cheeseburger	Chicken Patty Mozzarella CheeseSticks
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Ham & Sausage Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

January 21-25, 2019



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Chicken Gravy Corn WG Biscuit	Kickin' Bacon Mac & Cheese Garlic Toast Extreme Garlic Fries Cold Bean Salad	Beef & Broccoli over Brown Rice Midori Blend Veggies	Wet Burrito Tortilla Chips Refried Beans Baked Fries	Meaty Chili Baked Scoops Shredded Cheddar Carrot Coins
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Wild Mike's Cheese Bites Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Cheeseburger
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade BBQ Chicken Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

January 28-February 1, 2019



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Beef Pot Roast in Gravy Mashed Potatoes Dinner Rolls	Lasagna Roll Up Garlic Toast Curly Fries Cole Slaw	Deli Sandwich Bar with all of the fixings! Garbanzo Beans	Bosco Breadsticks (2) with Spaghetti Sauce Baked Fries	Hudsonville Early Release: Sack Lunch Available
					Classic Pasta Bar Homemade Meat Sauce Plain Spaghetti Sauce Rotini Pasta Garlic Toast Cali Blend Veggies
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Chicken Smackers Cheeseburger	Chicken Patty Mozzarella CheeseSticks
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Hawaiian Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net