



Jenison/Hudsonville Secondary Menu

October 1-5, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Turkey & Gravy Mashed Potatoes Dinner Rolls	Chicken Alfredo Pasta Bar Grilled Chicken Alfredo Sauce Rotini Pasta & Garlic Breadstick Steamed Broccoli Tator Tots / Cold Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Pepperoni Calzone Baked Fries	Jenison 1/2 Day: No Lunch
					Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Chicken Gravy Corn WG Biscuit
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Chicken Alfredo Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

October 8-12, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Asian Chicken Bowl Popcorn Chicken Brown Rice General Tso Sauce	Pork Choppette Mashed Potatoes & Gravy Waffle Fries Cole Slaw	Deli Sandwich Bar with all of the fixings!	Breakfast for Lunch Cheese Omelet Dutch Waffle Baked Fries	Hudsonville Early Release: Sack Lunch Available
					Chicken Fajita Bowl Chicken Fajita Meat Mexican Rice Fiesta Black Beans Cheddar Cheese Homemade Pico de Gallo
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Chicken Smackers Cheeseburger	Chicken Patty Mozzarella CheeseSticks
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Ham & Sausage Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	<p>Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)</p>				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

October 15-19, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Classic Mac & Cheese Bar Homemade Mac & Cheese Ham or Bacon Steamed Broccoli Blueberry Muffin	Breakfast for Lunch French Toast Sticks Sausage Patty Seasoned Potato Cubes Cold Bean Salad	Spicy Chicken Sandwich Baked Beans	Breaded Chicken Drumstick Au Gratin Potatoes WG Biscuit Baked Fries	Sweet Chili Thai or Teriyaki Chicken Brown Rice Cali Blend Veggies
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade BBQ Chicken Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

October 22-26, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Walking Taco Beef Taco Meat Nacho Cheese Doritos Shredded Cheddar	Bosco Breadsticks (2) with Spaghetti Sauce Curly Fries Cole Slaw	Deli Sandwich Bar with all of the fixings! Baked Beans	Asian Chicken Bowl Popcorn Chicken Brown Rice General Tso Sauce Baked Fries	Classic Pasta Bar Homemade Meat Sauce Plain Spaghetti Sauce Rotini Pasta Garlic Toast Cali Blend Veggies
Hot Sandwiches	Breakfast Sandwich Spicy Chicken Tenders	Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Chicken Smackers Cheeseburger	Chicken Patty Mozzarella CheeseSticks
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Hawaiian Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net



Jenison/Hudsonville Secondary Menu

October 29-November 2, 2018



A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Homemade Chicken Noodle & Rice Soup Bosco Breadstick	Breakfast for Lunch Scrambled Eggs Apple Cinnamon Texas Toast Seasoned Potato Cubes Cold Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Spicy Chicken Sandwich Baked Fries	Potato Bar Seasoned Potato Wedges Beef Taco Meat Homemade Queso Steamed Broccoli Garlic Breadstick
Hot Sandwiches	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Turkey Burger/Pretzel Bun Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Fish Sandwich
Featured Salad	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
Pizza	Classic Cheese Pizza Classic Pepperoni Pizza	Fiestada Pizza Bosco Cheese Pizza	Homemade Cheese Pizza Homemade Chicken Alfredo Pizza	Personal Cheese or Pepperoni Pizza Garlic Cheese Bread	Classic Cheese Pizza Classic Pepperoni Pizza
Fruits and Vegetables	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
Grab & Go	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Chicken Salad Croissant Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

Student Lunch \$3.00

Reduced Price \$0.40

Milk \$0.50

Adult Lunch \$4.00

Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : foodservice@hpseagles.net